



COLLEGE OF NURSING

ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHUBANESWAR
A Statutory body under aegis of ministry of H.F.W. Govt of INDIA
SIJUA, PATRAPADA, BHUBANESWAR, ODISHA-751019

Workshop on

LYMPHEDEMA



Date: 15th November 2019

Venue: Mini Auditorium, AIIMS Bhubaneswar

Organised by : AIIMS, BHUBANESWAR

About

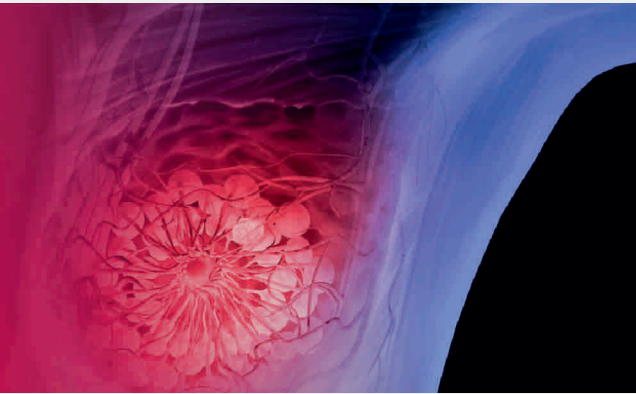
All India Institute of Medical Sciences, Bhubaneswar



AIIMS Bhubaneswar is one of the apex health care institutions established by the Ministry of Health & Family Welfare, Government of India under the PMSSY.

The mission of the institute is to establish a centre of excellence in medical training, education and health care and research imbued with scientific culture compassion for the sick and commitment to serve the underserved.

About Workshop



Cancer-related lymphedema is one of the most challenging long-term side effects that can occur after cancer surgery. This chronic, sometimes severe swelling in an arm or leg can greatly impact a person's quality of life. It often leads to pain as well as difficulty using the affected limb.

This Conference deals with Assessment, issues, exercise rehabilitation, patient education & hand on skill training on manual lymph drainage, Complete Decongestive Therapy, Bandaging and compression techniques for patients with lymphedema after mastectomy and radiation therapy.

Organizing Committee

Organising Chairperson



Dr. Asha P Shetty

Professor Cum Principal
College of Nursing, AIIMS Bhubaneswar

Expert Faculty



Prof. Malarvizhi K Natarajan

Certified Lymphedema Therapist (ACOLS, USA)
Principal, HOSMAT College of Nursing, Bangalore

Workshop Coordinator



Mr. Anoop S Nair

Tutor/ Clinical Instructor

Workshop Co - coordinator



Mr. L Anand

Associate Professor

Objective

This workshop is designed to equip nurses with knowledge and skills to provide comprehensive care to the breast cancer clients.

Participants

- M.Sc Nursing students
- Faculty
- Tutors/Clinical Instructors
- Nursing Officers

Payment Details

Registration Fee : 1000 per person.

Payment can be done by Cash/NEFT Online

A/C Name : ASOMACON 2019 **A/C No.** : 557820110000052 **IFSC Code:** BKID0005578

Bank Name: Bank of India **Bank Address:** AIIMS Bhubaneswar (Sijua), Patrapada , Bhubaneswar

Keep a copy of Transaction slip for registration

For Online Registration Please login : www.asomacon2019.com

Programme Schedule

08.00 - 09:00 AM	Registration
09.00 - 09.30AM	Anatomy & physiology of breast and the lymphatic system: Dr. Manisha R Gaikwad
09.30 - 10.15AM	Pathophysiological and clinical perspectives: Breast and lymphatic system following radiation and surgical procedures: Dr. Piyush Mishra
10.15 - 11.00AM	Assessment of Problems and issues of breast cancer patients: Prof. Malarvizhi K Natarajan
11.00 - 11.15AM	Tea Break
11.15 - 12.00PM	Breast cancer rehabilitation: Nurse Led Multidisciplinary approach: Prof. Malarvizhi K Natarajan
12.00 - 12.45PM	Patient education of lymphedema clients: Home maintenance and risk reduction: Prof. Malarvizhi K Natarajan
12.45 - 01.30PM	Exercises therapy for mastectomy and lymphedema patients: Prof. Malarvizhi K Natarajan
01.30 - 02.30PM	Lunch
02.30 - 03.15PM	Manual Lymph Drainage (MLD) Prof. Malarvizhi K Natarajan
03.15 - 04.00PM	Complete Decongestive Therapy (CDT): Prof. Malarvizhi K Natarajan
04.00 - 05.00PM	Bandaging & compression techniques: Prof. Malarvizhi K Natarajan

